

*Plaza Community Café*  
*Menu*



*A selection of cereals & set breakfasts (served all day).*

	Cornflakes or Weetabix	£1.90
	Hot Porridge	£2.00
Number 1	Full breakfast - 1 bacon, 1 sausage, 1 free range egg, beans, mushrooms, tomatoes, 1 hash brown, 1 toast & butter.	£4.70
Number 2	Mega breakfast - 2 bacon, 2 sausages, 2 free range eggs, beans, mushrooms, tomatoes, 2 hash browns, 2 toasts & butter.	£6.70
Number 3	Veggie breakfast - 1 free range egg, mushrooms, 1 hash brown, tomatoes, 1 toast & butter.	£4.00

*Freshly made wholemeal or white toasties & paninis are served with a side salad.*

	<u>Toastie</u>	<u>Panini</u>
Mature cheddar cheese	£2.70	£3.00
Mature cheddar cheese & onion	£3.00	£3.30
Mature cheddar cheese & tomato	£3.00	£3.30
Mature cheddar cheese & ham	£3.30	£3.60
Mature cheddar cheese & onion chutney	£3.00	£3.30
Ham	£3.30	£3.60
Ham & onion	£3.50	£3.80
Ham & tomato	£3.50	£3.80
Ham & onion chutney	£3.50	£3.80
Tuna	£3.30	£3.60
Tuna & onion	£3.50	£3.80
Tuna mayonnaise	£3.50	£3.80
Tuna & mature cheddar cheese	£3.60	£3.90
Tuna & sweetcorn	£3.50	£3.80
Corned beef	£3.30	£3.60
Corned beef & pickle	£3.50	£3.80
Corned beef & cheese	£3.50	£3.80
Sausage or bacon	£3.50	£3.80

*Farm-fresh oven baked jacket potatoes - served with a side salad.*

Butter	£3.00
Beans	£3.50
Grated cheddar cheese	£3.70
Grated cheddar cheese & beans	£4.00
Grated cheddar cheese & coleslaw	£4.10
Grated cheddar cheese & onion	£4.10
Grated cheddar cheese & ham	£4.50
Tuna	£4.30
Tuna mayonnaise	£4.40
Tuna & cheese	£4.60
Tuna mayonnaise & sweetcorn	£4.60
Corned beef	£4.70
Ham	£4.00

*Free range egg omelette served with a side salad.*

Plain	£3.00
Cheddar cheese	£3.30
Ham	£3.40
Cheddar cheese & tomato	£3.60
Cheddar cheese & onion	£3.60
Cheddar cheese & ham	£3.80
Ham & tomato	£3.70
Ham & onion	£3.70

*Freshly made salads (served with coleslaw & beetroot) or  
Ploughman's lunch (served with a baguette).*

	<u>Salad</u>	<u>Ploughman's</u>
Ham	£3.75	£4.25
Ham & mature cheddar cheese	£4.25	£4.75
Mature cheddar cheese	£3.75	£4.25
Tuna	£4.00	£4.50
Tuna mayonnaise	£4.20	£4.70
Corned beef	£4.40	£4.90
Free range egg	£3.50	£4.00

*All our sandwiches, baguettes & rolls are freshly prepared to order by us on the premises and come with a side salad garnish of lettuce, cucumber, tomatoes, peppers & onions. You have a choice of fresh wholemeal or white bread, white roll or white baguette.*

	<u>Sandwich</u>	<u>Roll</u>	<u>Baguette</u>
Salad	£2.00	£1.80	£2.10
Mature cheddar cheese	£2.20	£2.00	£2.30
Mature cheddar cheese & onion	£2.40	£2.20	£2.50
Mature cheddar cheese & tomato	£2.40	£2.20	£2.50
Mature cheddar cheese & ham	£2.60	£2.50	£2.70
Mature cheddar cheese & onion chutney	£2.40	£2.20	£2.50
Ham	£2.30	£2.10	£2.50
Ham & tomato	£2.50	£2.30	£2.70
Ham & onion	£2.50	£2.30	£2.70
Ham & onion chutney	£2.50	£2.30	£2.70
Tuna	£2.50	£2.30	£2.70
Tuna & onion	£2.80	£2.60	£3.00
Tuna mayonnaise	£2.70	£2.50	£2.90
Tuna & mature cheddar cheese	£3.10	£2.90	£3.30
Tuna mayonnaise & sweetcorn	£2.80	£2.60	£3.00
Free range boiled egg	£1.90	£1.70	£2.10
Free range egg mayonnaise	£2.20	£2.00	£2.40
Corned beef	£2.50	£2.30	£2.70
Corned beef & pickle	£2.80	£2.60	£3.00
Corned beef & cheddar cheese	£3.10	£2.90	£3.30
Bacon	£2.90	£2.60	£3.20
Bacon & fried egg	£3.20	£2.90	£3.50
Bacon, cheddar cheese & onion	£3.30	£3.00	£3.60
Sausage	£2.90	£2.60	£3.20
Sausage & fried egg	£3.20	£2.90	£3.50
Sausage, cheddar cheese & onion	£3.30	£3.00	£3.60

*A warming bowl of soup and a fresh baked roll.*

Cream of tomato or chicken soup	£2.50
Country vegetable, minestrone or oxtail soup	£2.50

*Light bites*

1 toast & butter (fresh wholemeal or white bread)	£0.70
Marmite on 1 toast	£1.20
Jam or honey on 1 toast	£1.00
Peanut butter on 1 toast	£1.30
Beans or spaghetti on 1 toast	£1.80
Free range scrambled/poached/fried egg on 1 toast	£2.00
Grilled mature cheddar cheese on 1 toast	£2.20
Large toasted teacake & butter	£1.80
2 hot buttered crumpets	£1.50
2 hot buttered crumpets & honey	£1.60
1 hot buttered crumpet & grilled mature cheddar cheese	£1.80

**A lovely delicious selection of cakes**

**Please see our counter and board for prices.**

*Hot & Cold Drinks*

Tea (including a selection of herbal teas)	£1.00
Hot chocolate	£1.80
Hot chocolate (with cream & marshmallows)	£2.20
Espresso	£1.70
Americano	£1.80
Cappuccino	£1.90
Latte	£2.00
Glass of milk	£1.00
Cans	£0.90
Coke/Diet Coke/apple or orange Tango/Sprite	£0.75
Fairtrade orange or apple juice carton	£0.85
Bottle of still mineral water	£0.60
Orange or blackcurrant squash	£2.40
Freshly made ice cream milkshake topped with cream and sauce	

This café is run by Southend Christian Fellowship, whose home is here at the Plaza Centre. If you would like more information please speak to Naomi or Leanne, behind the counter or look at our notice boards in the foyer.

We operate the café out of a desire to serve and bless the community in Southchurch. We do this by serving food, drinks and snacks to the general community at prices below the average in the area. It is our hope and policy that the café would be a non-profit making venture that would self finance its own operating costs. The majority of our staff are volunteers and some have additional needs. We want to create a warm and friendly environment where they can gain confidence and feel at home.

If you have a food allergy and are not sure about the ingredients of our menu, please speak to Naomi or Leanne. Cakes may contain nuts or traces of nuts.

Parents/Carers: In the interest of your child's safety, our staff and other customers ,  
we would ask you to keep your children seated with you at all times  
and not let them run around.

### **Opening hours:**

**Monday to Friday: 9am - 2pm**

**(Unfortunately we are unable to offer hot food after 1.45pm)**



Southend Christian Fellowship is a registered charity.  
Charity number: 290547.